



# PERMISSION TO START DREAMING FOUNDATION

## *OUR MISSION*

**We discover, and help Veterans throughout the Pacific Northwest access, effective, long-term solutions to transform Post-Traumatic Stress into Post-Traumatic Growth.**

## *OUR VISION*

**Is for every Veteran and their families, a fulfilled life within reach of their dreams: our hope is for every American the will to make it a reality.**

ELIGIBILITY – Grants are made to organizations and projects that meet the following guidelines:

- The Permission To Start Dreaming Foundation is dedicated to programs in the Pacific Northwest region. To receive funding, organizations must be located in WA, OR, ID or MT.
- Grants are generally made in support of programs and operating expenses. The organization must provide documentation for this, including operational budgets.
- Grants are generally limited to 10% of the organization's total operating revenue.
- Grants are generally for one year's duration.
- Grants are made to organizations holding a United States Internal Revenue Service letter verifying public 501(c)(3) status (Pending applications are acceptable).
- Organizations applying for funding must practice full control of donated funds and their evaluation of their program's effectiveness.
- Organizations are eligible to apply once per year.

## REQUEST FOR FUNDING

If you feel that your organization aligns itself with the Permission To Start Dreaming mission and meets the above mentioned qualifications for funding, please submit the below information.

- 1) Organization's name, mailing address, email address, telephone number, the primary contact person (including their role/title) and the organization's website, if applicable.
- 2) A description of organization and summary of how the program(s) relate to problem/issue being addressed. Please include the size of the staff and board, geographical location addressed and type of service/therapy provided.
- 3) Identify who is benefitting from service/therapy and what is involved in service/therapy.
- 4) Goals and objectives of organization. What would "success" look like for the program? How is progress being measured?
- 5) Provide financial statements and budgets for organization. Please include how funding is allocated. If organization is new and financial statements are not available, please declare this.
- 6) Upon acceptance of funding, the PTSD Foundation will conduct an ongoing review and requests for testimonials from those benefitting from therapy.

Organizations will be notified in writing upon acceptance, and submissions received by September 1, 2018 will receive priority consideration for this year's funding. Upon acceptance of funding, the Permission To Start Dreaming Foundation will conduct an ongoing review and requests for testimonials from those benefitting from therapy.

Either fill out the form online at [www.raceforasoldier.org/grant-application](http://www.raceforasoldier.org/grant-application), or mail your submission to:

**Permission To Start Dreaming Foundation Programs Committee  
3110 Judson Street PMB 144 Gig Harbor, WA 98335**

**Thank you for supporting the Permission To Start Dreaming Foundation, and we look forward to hearing from you!**